**Tougher Than it Looks? – Short Episodic Synopses**
Produced by Proper Television for Discovery Canada

1. **WINTER SPORTS**
Andew takes on three of the most insane and crazy winter sports: dog sledding, ice climbing and puddle jumping (racing across water on a snowmobile) to find out if it’s *Tougher Than It Looks*.

2. **TOWING**
Andrew tries his hand at barefoot water skiing in Winter Haven, Florida, being pulled around by dogs in the north during a skijoring competition and gets thrown around by the wind in Coco Beach, Florida as he attempts kite surfing.

3. **STUNTMAN**
Andrew goes against his natural instinct for safety, exploring if it’s *Tougher Than It Looks* to be a stunt performer. He learns to stage fight for a movie scene, taught by Kim Kahana, Hollywood stunt performer and owner of a stunt school in Florida. Andrew attempt short and high falls from 30 feet into an airbag, and withstands being lit on fire from head to toe.

4. **ABSORD RACING**
Andrew digs deep into the Red Neck automotive culture. He races lawn mowers, joins a death defying race on a half mile track, and participates in events at CRASH-A-RAMA, best described as a “Redneck Rodeo,” featuring men and women running old junk cars in exciting and entertaining events.

5. **BREAKING WORLD RECORDS**
Andrew sets out to discover if breaking a world record is really *Tougher Than It Looks*. From the silly to the absurd, messy and fun, Andrew works with Ashrita Furman, who holds the record for holding the most Guinness World Records. Together they attempt to break several records including heaviest vehicle pull with a partner, opening the most beer bottles with a chainsaw, and catching the most water balloons thrown by a blindfolded man in one minute.

6. **WORKING AT EXTREME HEIGHTS**
Andew attempts to do various jobs that require people to work at incredibly scary heights. Andrew plays window cleaner, hanging in a bosun's chair off a dauntingly30 story building; constructs a steal frame for a building as an apprentice iron worker; and walks around on steel beams, four stories above the ground.

7. **LOGGING**
Andrew attempts to find out if it’s *Tougher Than It Looks* to be in the logging trade. He participates in 10 events at the lumberjack games; works in the woods for the day to learn about industrialized heavy equipment; and cuts down a large tree in the heart of the city as an urban arborist.
8. FLYING
Andrew delves into the world of balance as he goes wing walking on a bi-plane in mid-air; is propelled through the air over a lagoon as a flyboarder, trying to perform a backflip in the air, without landing.

9. RESCUE WORK
Andrew sets out to see how tough it is to be a rescue worker. He will first attempt to rescue a dummy from a mangled car using the Jaws of Life, before it explodes in flames. Then he will use a water canon attached to a Crash Truck to extinguish an airplane, and finally act as a firefighter rescuing a dummy from a building engulfed in flames.

10. HANGING FROM A ROPE
Andrew finds out if it’s Tougher Than It Looks to hang from a rope upside down, in a straight jacket alongside World Record Holder Ashrita Furman; cuts down a tree in a residential backyard as an urban arborist; and uses a rope access to clean a building in Yonge-Dundas Square.

11. EXTREMES
Andrew buckles up to see if being thrown into a Demolition Derby is Tougher Than it Looks? Later, Andrew tackles the sport of extreme eating. Andrew will soon learn that scarfing back pounds of poutine is Tougher Than it Looks?

12. BY FOOT
Andrew tackles a trio of events in this episode. Gearing up in fishnets, booty shorts and a helmet, Andrew skates into the female dominate sport of Roller Derby. Then, Andrew heads to a dairy farm where he tries his hand at giving cows pedicures. Finally, with no preparation, Andrew joins his mother and attempts a half marathon. Andrew will have his hands full as he learns if these challenges are Tougher Than it Looks?